



## Four Breaks

*Now, you won't have to worry about these next four the first night, but the first time you get in with some advanced dancers you'll hear these called all the time.*

### Allemande Thar

#### Allemande Left and Allemande Thar

Regular allemande left (no balance) — "allemande thar" is keyword.

#### A Right and a Left and Form a Star

Right to your partner—left to next with a forearm grip—gent walks around lady and pivots into center to form a star with right hand. Gents back up, ladies go forward. Ladies set speed of star.

#### Let That Star to the Heavens Whirl

Gents break at center and each lady and gent walk around each other as in an allemande left and head for a new partner.

#### It's a Right and a Left to the Second Girl—and Form a Star

Right hand to next girl—left to next but hang on to her with a forearm grip. Pivot into center again and gents form a right hand star and back up while ladies walk forward to turn the star.

#### Shoot That Star and Find Your Own

Gents break at center and each lady and gent walk around one another as in allemande.

#### Swing Her Once and Promenade Home ★

Now you meet your original partner and give her one waist swing and walk her home.

(★NOTE: This can also be: "Turn her under your Arm and Promenade Home," which is just meeting your original partner, as above, turn her under your arm and promenade home.)

## Do-Si-Ballanet

### Circle Four Just as Pretty as You Kin

### Do-Si-Ballanet and the Gents Rock In

At the call "Do-Si-Ballanet" the ladies pass left shoulders as in a do-si-do but then the gents take the other ladies' right hands in addition to their partner's left. This leaves gents facing in and

ladies facing out. The gents rock in and the ladies out (all rock forward).

### The Ladies Rock in and the Gents Rock out

The ladies back up and rock in and the gents rock out (all rock backwards).

### Break—and Swing with the Left About

Gents let go with right hand and turn lady half about so that ladies face in and gents out (back to back) and then gents take other ladies' right hands again.

### The Ladies Rock In and the Gents Rock Out

All rock or balance forward. This brings ladies closer together as they rock in and the gents farther apart as they rock out. Then all rock back which brings the gents in and the ladies out.

### Now Swing with the Right and Don't Be Slow Finish It Off Like a Do-Si-Do

Gents break with left, walk around other lady as in a do-si-do: then left hand to partner and he turns her with right hand in middle of her back. If you do not walk far enough around in turning lady with right hand it will not work out.

(NOTE: Think of the Do-Si-Ballanet as a regular do-si-do that is interrupted at two points long enough for all to join hands and rock in and out. If you analyze it it is merely a do-si-do with those two interruptions.)

## Rip 'n Snort

(Starting from a circle)

First couple rip and snort

Down the center and cut 'em short.

(First couple draws entire circle thru couple Number 3 (opposite). First couple breaks hold with one another. Lady Number 1 goes right, man Number 1 goes left and back to place while Number 3 dishrags in place).

Lady go gee, and the gent go haw,  
Join up hands with your pretty little taw.

(Same for second and third couples)

Fourth couple rip and snort,

Down the center and swing 'em short.

You know where and I don't care,

Take her out and give her air.

(On this last one, each man as he goes under the arch takes the arm of the girl with him at the time and promenade off).