

PROMENADE. Standing side by side, the gent and lady cross their four arms, taking each others right hand in their right, left hand in their left, and move around the set counterclockwise, like ice-skaters.

PROMENADE POKES-WOOD. A very pretty star-formation, with the gents holding their right arms around the ladies' waists, and joining their left hands high up with the other men in a four pointed star in the middle. Meanwhile the ladies hold their partner's right shoulder in their left hand and his right hand in their right. Or they can hold up the outside of their skirt with their right hands.

RIGHT AND LEFT. Two or more couples can perform this. In case of two couples, they dance toward each other and pass, the ladies on the inner side. When the couples are past each other, they turn and join their near hands inside, with the ladies' right hands going into their partners' lefts. Then the ladies go forward and the gents go backward. This is half the figure; to complete the figure the first half is repeated going the other way.

SASHAY. See **CHASSE.**

SWING YOUR PARTNER. The partners hold each each other in the usual ballroom couple-dancing position, face to face, their alternate arms around each other's waists, their alternate hands clasped up in the air. The turn is done quickly, which is why it is called a swing, with walking or buzz steps. In the buzz step, the dancer's right foot is left on the floor, and the left foot pushes the body along.

This figure is the soul of square-dancing, especially when it is done neatly and quick.

WE now give thirty square dances, alphabetically arranged, for use of any group, beginners or