

BOX THE GNATS OR SWING AND SWIVER**Description**

1. First gentleman and first lady join right hands and swing half way around.
2. First gentleman and first lady join both hands crossed with the right above the left and swing all the way around in the opposite direction.
3. First gentleman and second lady join right hands and swing half way around, while the first lady does the same with the second gentleman.
4. First gentleman and second lady join both hands and swing all the way around in the opposite direction, while the first lady does the same with the second gentleman.
5. First couple repeats 1 and 2.
6. First couple repeats 3 and 4, with the next couple on the right.
First couple continues in this manner until it has danced with all save the last couple, with whom it dances Do si do (No. 1) (see page 7 for description).
7. When the first couple moves on to the fourth couple the second couple, having repeated 1 and 2, simultaneously walks to the couple on its right and repeats 3, 4, 5 and 6.
Repeat this figure until all the couples have danced.
8. See page 5 for description.

LADIES IN CENTER BACK TO BACK**Description**

1. All ladies walk to the center of the circle, turn, face their partners and remain in place.
2. All gentlemen walk to the left completely around.
3. Each gentleman passes his partner and, stopping before the lady on his partner's right, joins right hands with her and swings her once around.
4. While the ladies remain in place all gentlemen continue walking to the left completely around.
5. Each gentleman passes his partner and, stopping before the second lady on his partner's right, joins right hands with her and swings her once around.
6. While the ladies remain in place all gentlemen continue walking to the left completely around. They repeat the figure swinging each lady in turn until they again meet their partners.
7. See page 5 for description.