

SOME INTRODUCTION, BREAKS AND CLOSING FIGURES

Most of the Appalachian square dancing sessions include, in addition to the various dance figures, preliminary movements that are called just before the standard figures are danced. 'Break' figures are often used throughout the dance to add variation to the program. During the last couple of minutes of the dance, the caller usually directs the dancers into some formational pattern that the participants quickly perceive to be the nearing of the conclusion of the dance. A number of these figures are described on the following pages.

I. OPENING DANCE CALLS

1. JOIN YOUR HANDS AND CIRCLE SOUTH,
GET A LITTLE SUNSHINE IN YOUR MOUTH,
All dancers in the set or big circle join hands and circle left or clockwise, this usually includes eight or sixteen counts of music.
THE OTHER WAY BACK ON THE SAME OLD TRACK,
Reverse the above movement, moving counter-clockwise.
MAKE YOUR FEET GO WICKETY WAK,
Dancers may stomp feet or clogg if they like.
STOP AND SWING THAT CORNER GIRL,
NOW SWING YOUR OWN AND GIVE HER A WHIRL.

2. JOIN YOUR HANDS AND RUSH TO THE MIDDLE,
COME ON NOW GET IN TIME WITH THE FIDDLE,
All dancers join hands and move toward the center of the circle. Then return back to the original place in circle or set.
DO IT AGAIN, YOU DIDN'T DO IT RIGHT,
HURRY UP NOW, DON'T TAKE ALL NIGHT.
Repeat the previous described movement, but this time the dancers yell when they get near the center of the circle. Dancers then move backwards to their places in the original circle and wait for the call to start dancing the figures.